

## KeepOut launches fourth scheme

**On Friday 11 October at HMP Brixton the Prison Governor, Ed Tullet and the Directors of KeepOut, together with KeepOut staff and the serving prisoner team were joined by over 50 supporters, for the official launch of KeepOut at HMP Brixton.**

Following a welcome from the Governor, presentations were made by Brixton Operations Manager, Katie D'Souza, and Bethan Dalton, Support Worker, KeepOut CEO, Angela Palmer and Jerry Kirby, KeepOut Chair. The stage was then handed over to the newly trained team of serving prisoners, who gave a presentation about their work followed by a role play about coming to prison.

Jerry Kirkby, the Chairman of the Board of KeepOut Directors, said "We are delighted to see another scheme open and I would especially wish to acknowledge the support of the prison's management and our funders who have made this possible. KeepOut working with the prison service has proven it can make a significant contribution to the lives of young people who are at risk of offending. Furthermore it can also contribute to the rehabilitation of



prisoners, who have an opportunity to positively influence the choices that young people on the cusp of potential custody make about their future behaviour."

KeepOut was honoured to have Penelope Keith in attendance, President of KeepOut, together with some of our Patrons. The launch was concluded by Penelope who praised the prisoner team for their outstanding achievements and expressed her gratitude to supporters of KeepOut.

Speaking after the launch, Angela Palmer, KeepOut CEO, said "In September 2012 the Directors gave the green light to set up the scheme at HMP Brixton. Did we know it would happen within the timescale? The answer is 'yes' and the launch event today demonstrates everything I have known about KeepOut for many years; we have a quality product, excellent professional staff who worked together to get the job done and a wonderful set of supporters."

For more information about the new scheme at HMP Brixton please see page 2.





**In July, eight Cat C prisoners were vetted and recruited to work for KeepOut at HMP Brixton**, our first London based prison scheme. This first cohort underwent a seven-week training programme to prepare them for their roles as facilitators.

By September, KeepOut at HMP Brixton was being launched and we opened to groups of young people and

their leaders, running one information session and two crime diversion events per week. Since opening at this new location we have run 10 information sessions with full attendance from a range of service-users. And, the prisoner team have delivered 14 one-day interventions, working with 102 young people so far.

Demand is already so high from the London boroughs that by December we will be looking to run 3 events per week.

We have also held our official launch in the prison, and were thrilled to be joined by so many supporters and high profile guests. In late October the KeepOut team also received a visit from the Parliamentary Under Secretary of State for Justice, Jeremy Wright MP, who showed an interest in our work and took away our latest evaluation report.

The last step to complete the launch is to move into our new premises, known as 'Joshua's' which should be ready for us to move into any day now.

Since our launch, KeepOut has been warmly received within the prison and is a central part of the 'new wave' here which is focusing on increased rehabilitation and purposeful activity.

Finally, we plan to offer the prisoner team the opportunity to gain an NVQ in mentoring from the spring, in partnership with the prisons education department. We are also developing further our links with Trident/Met Police to help with resettlement opportunities for the prisoners upon release, along with volunteer opportunities through our user networks to help support and build on the skills they have built up during their employment with KeepOut.

Here are some comments that we have received since September:

#### **Adult group leaders:**

*“ As always, KeepOut has delivered a much needed service to our young people. The programme is a fantastic way of informing and educating the young people about the consequences of crime and negative behaviour. The prisoners are able to reach the young people on a level that we as professionals can't. I will continue to advocate for KeepOut to anyone who will listen! Keep up the great work. ”*

#### **Islington Targeted Youth Support**

*“ This is my second trip (to Brixton) and the standard of delivery is amazing. The prisoners are very professional and friendly, and make the young people feel comfortable. I think every child should have the opportunity to attend a KeepOut workshop, not just young people who are at risk. As every child needs to understand the consequences of their actions. ”*

#### **Academy school, Edmonton**

*“ KeepOut is an amazing programme which has the potential to be a life changing intervention, especially for early entrants. ”*

#### **Lambeth Youth Offending Service**

#### **Young People:**

*“ I learnt the consequences of offending is being here [in prison] and it's no joke. When I go home, I need to start thinking of my consequences. ”*

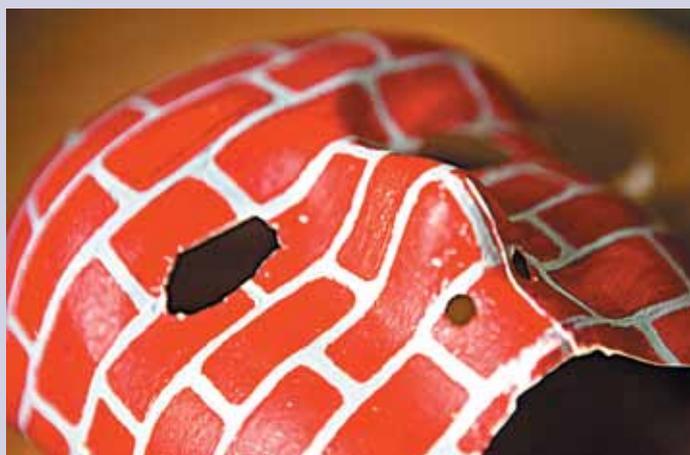
#### **Islington Targeted Youth Support**

*“ I learnt that the police will always catch you in the end. ”*

#### **Islington Targeted Youth Support**

*“ I realised today that my family are my victims because I've embarrassed them, and I am a negative influence on my little brother and sister. ”*

#### **Academy school, Edmonton**



# HMP Coldingley

## Over the past six months 270 young people have engaged with the one-day intervention at HMP Coldingley.

These young people are from the boroughs of Barnet, Basingstoke, Camden, Croydon, Ealing, Elmbridge, Enfield, Epsom, Fareham, Hillingdon, Hounslow, Islington, Middlesex, Newham, Woking, Reigate and Banstead, Slough, Surrey Heath, Sutton, Wandsworth, West Dorset, Westminster, Windsor and Maidenhead and Wokingham.

The prisoner team have also continued to successfully co-facilitate the ten-week 'CANDO' programme and the 'Friday Project' with our partners at Surrey Youth Support Services (SYSS)

addressing the underlying causes of offending for high risk young offenders who are already involved in the criminal justice system.

The High Sheriff of Surrey and her husband visited KeepOut at HMP Coldingley and stayed to observe the team delivering an event to young people. She said she was impressed with the professionalism of the team and the impact the day had on the young people attending. The Assistant Chief Executive of Surrey County Council has also visited and gave positive and supportive feedback to the team on the work they are doing with young people.

KeepOut operation staff at HMP Coldingley have been involved in service wide issues. These have included reviewing the scheme Event Manual to ensure the content of the workshops delivered to young people during one-day interventions remain relevant and impactful. They have also been involved in writing and evaluating the six week programme delivered by the prisoners at HMP Lewes and the setting up of the scheme in HMP Brixton. This has included writing the seven week training programme for the newly recruited prisoner team and delivering elements of the programme – 'Working with Young People' and the event workshops.



Comments from these sessions includes:

### Adult group leaders:

“ As an ex-prison lawyer and crime practitioner it has been a real eye-opener to see the reaction from our pupils today. This is all thanks to the KeepOut team for their candour and example. I really feel the pupils got a lot out of the day and the exercises were thought provoking. ”

### Alec Reed Academy

“ A really positive experience where the youths engaged in the workshops. They caused young people to reflect on past and present experiences. As youth workers we can use some of the activities today in our youth club as they proved to have positive outcomes. ”

### Queens Park Crescent Community Centre, Camden

“ An inspiring programme; engaging and factual. The facilitators were on point and clear with the messages and information they have to share. The workshops were fun and informative as well as giving participants a real insight into the emotions and consequences of their actions. This had the right impact; thanks for delivering a well thought programme. ”

### Islington Targeted Youth Support

“ Thank you to all involved in the KeepOut scheme. It was clear during the day that the young people were interested and engaged. Further work will continue with the young people so that all the learning today can be cemented. A special thank you to the team for all their patience and hard work. ”

### Hampshire YOT

#### Young people

“ The prison visit has made me think about things. I have stopped doing drugs. I have my freedom and family, I don't want to lose that. ”

“ Thanks for helping me realise that I can make money without 'shooting' weed and I can do more with my life; you've been a big help ”

“ I'd like to thank you so much just for the experience I've got taught today. I feel I've learnt a major lesson today and for a better life. I learnt today there is much more than drinking and weed, and me and the others can become something and I hope/pray you all do become something too. ”

**Over the past six months 205 young girls have engaged with the one day KeepOut intervention at HMP Send, and given that Send is only a part-time location we are very proud of this achievement.** We are working with boroughs from all over the South East and London, and visiting groups have included Schools, Pupil Referral Units, Police, Youth Offending Support Services and other youth groups and projects.

Eight prisoners have worked on the scheme during this time, one of which has successfully gained her parole and has moved to open conditions to

continue her journey of rehabilitation. The current team are working hard not just for KeepOut but are also actively engaged throughout the prison participating in many other things:

Jamie has been promoted to Lead Co-ordinator within the scheme and is showing natural flair for leadership and management, Melissa has been promoted to Assistant Lead Co-ordinator and is doing a great job supporting Jamie whilst also working towards Level 1 qualifications in Maths and IT. Dannii has received her ROTL status (release on temporary licence) and has become eligible for

town visits, she is just waiting for her first home leave. We have also gained agreement from the prison for her to continue working on the scheme during the resettlement part of her sentence and we have been able to develop a new role that enables her to go out of the prison and meet and greet the groups coming in. Kerry is sponsoring other recovering addicts on RAPt (Rehabilitation of Addicted Prisoner Trust) and peer supporting whilst focussing on her upcoming parole. Hayley is working hard to secure funding and support to complete her Maths A level. A committed and dedicated team!



### **Jamie, a serving prisoner at HMP Send and Lead Co-ordinator for KeepOut:**

“I am a recovering addict and I went through life committing crime, never taking personal responsibility, having endless victims and massive consequences.

Now I would like to give something back to the community.

I have done a lot of work on myself addressing my addiction, psycho-therapy and Sycamore Tree (victim work). Being part of KeepOut is not only re-enforcing everything I have learnt and everything I have changed about myself, but it enables me to use my experiences to plant seeds with young people that this could happen to them if they don't start making different choices.

If I can deliver a message and just one of them takes a different path then it is all worthwhile. The work we do with young people focuses on personal responsibility, consequences and victims and it reinforces for me that I am always 100% responsible for my actions. Getting that message across to the young people is so important as it could re-direct their whole future. It is so easy to blame circumstance.

I have recently been promoted to Lead Co-ordinator which is amazing and I am so grateful to be a part of KeepOut. It is building my confidence and self esteem and at the same time is very rewarding. It has brought out skills I didn't know I had and it has inspired me into applying for an Open University Course in Business Management. Not only am I part of a team diverting young people away from crime but I am also discovering new things about me.”

October 2013

### **Hampshire Youth Offending Team – July 2013 (attended a One-Day Intervention)**

“We really liked the way that all of the young people were included and encouraged to participate. A nice balance of information, intervention, guidance and workshops which kept the young people engaged throughout, they only usually manage 15 minutes.”

### **Metropolitan Police – October 2013 (attended an Information Event)**

“This is very EDUCATIONAL and would have a major impact on the students within my school as they will relate to real life experiences.”

### **Amy (Young Person) – June 2013 (attended a One-Day Intervention)**

“I could relate to some of the things you shared, like drugs, getting arrested and that I am getting into trouble to impress other people. I am going to try and stop taking drugs and go to school more. Thank you for an amazing day and helping me realise what I am doing isn't good. P.S. This is the first letter I have written in my entire life ☺.”



## Awards

### Award success continues for KeepOut and former prisoner team.

The KeepOut scheme at HMP Lewes and three former team members gained awards at the High Sheriff Awards Ceremony last month.

Jamie, Matt and Dale, who all worked at the Sussex scheme during 2012, were nominated for their dedication, hard work and for what they had achieved since being released. They received their awards from Mr. Patrick Burgess, High Sheriff for West Sussex, at the event held at Borde Hill House. KeepOut was also presented with an award, which was collected by Angela Palmer, Jerry Kirkby and Angela Murray.

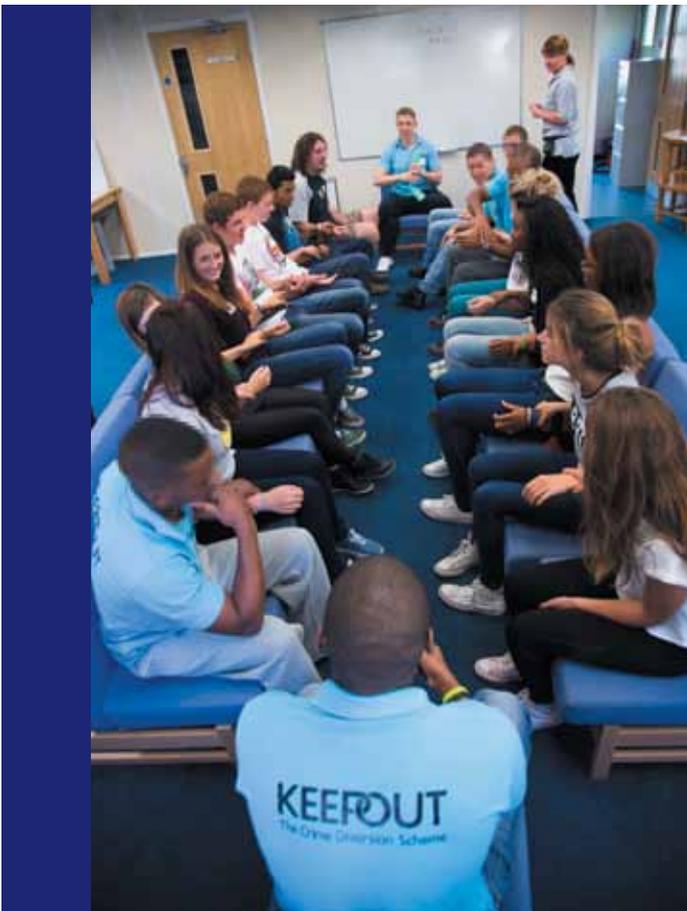
Speaking after the event Angela Palmer, KeepOut CEO said "It was brilliant to see three members of the original prisoner team from HMP Lewes be publically recognised, and to hear their own view of their experience working with KeepOut in their citations, which were read by Operations



Manager, Angela Murray. Matt who had been a prolific offender, commented that 'KeepOut is the best thing I have done in prison, it has helped me focus for the future, developed my confidence and recognise my own skills. Jamie, who was lead coordinator, said 'it has enabled me to secure full time

employment in an Outdoor Activity Centre 'working with young people' Dale has started college and doing one year access course in Psychology. It was also wonderful to meet family members who attended the event to witness the success of the men whilst they worked for KeepOut."

## HMP Lewes



**KeepOut has now moved locations within the prison** and much work has been completed to get the new room fit for purpose.

Training for the 'CANDO' programme at HMP Lewes was delivered by Janice Reid in July 2013 to KeepOut team members and workers from Youth Offending Services.

The first 10 session 'CANDO' programme for high-risk young people was delivered in partnership with Youth Offending Services in West Sussex, East Sussex and Brighton & Hove during August and September 2013.

Two team members have completed their Preparing to Teach in the Lifelong Learning Sector (PTLLS) qualification.

The High Sheriffs of West Sussex and East Sussex have visited the programme and were very impressed by the effect of the scheme on both prisoners and young people.

A new Support Worker has been recruited and will start work at HMP Lewes in December 2013

## Staff updates



### Feedback from the first 'CANDO' programme at HMP Lewes:

“ I've gained a lot more self respect and respect for others. ”

Young Person

“ This was a great experience and was new to me. I found it good to work alongside YOT workers as they helped with their vast experience in youth work. ”

Prisoner on the KeepOut team

“ CANDO' was a; “Very rewarding experience. Working with the KeepOut members I found them in the main to be professional with their planning and delivery of the programme. ”

Youth worker

“ It has been very eye opening, I've made big realisations after attending KeepOut. ”

Young Person

“ It was fun, a challenge but rewarding to see positivity from some of the young people with their behaviour improving” – Prisoner on the KeepOut team. ”

“ The programme content was relevant for all of the young people who had committed a wide variety of offences. I was very impressed with the KeepOut workers. ”

Youth worker

“ I have learned about; “Communication because I don't like communicating with people, but now I realise how to communicate and deal with issues more positively. ”

Young Person

**Bethan Dalton** was appointed on 3rd June 2013 as KeepOut Support Worker for HMP Brixton. She is a welcome addition to KeepOut. A natural enthusiast she said recently she had wanted for years to work for KeepOut having taken groups in her previous job to HMP Coldingley and HMP Send.

Bethan has settled in well and played a very active role in recruiting the new prisoner team at HMP Brixton, responsible amongst other things for bookings she has secured users groups for HMP Brixton well into the New Year.

**Vanessa Geffen** has been appointed on a one-year fixed term contract as Operations Manager for HMP Brixton to cover for Operations Manager, Katie D'Souza, whilst on maternity leave. Vanessa has had fifteen years experience of working within the prison system and brings a wealth of knowledge with her.

**Katie D'Souza**, Operations Manager at HMP Brixton started her maternity leave in November 2013. All staff, Directors and prison staff wish Katie all the best with her pregnancy. She has done a marvellous job and has worked tirelessly to ensure HMP Brixton is up and running before taking her one year maternity leave.

**Megan Everett** has recently been appointed as civilian Support Worker at HMP Lewes and plans to start in early December.

**Regional Development Manager.** At the last Directors meeting the Board decided to advertise for a Regional Development Manager to strengthen the infrastructure of support operationally as KeepOut continues to grow and evolve. The post holder will take the lead on all operational issues including the programme, training, quality control and evaluation.



## South of England Show

KeepOut was delighted to have been chosen as the official charity for the 2013 South of England Show, which took place back in June. The President of the South of England Agricultural Society for 2013 was Penelope Keith CBE DL, who kindly nominated KeepOut as the official charity for this year. Penelope, who is also the President of KeepOut, actively supported our charity at the show, which resulted in around £1,000 being raised for the charity's work. KeepOut staff, Directors and volunteers from a number of Sussex and Surrey Magistrate Benches were on hand during the three-day event, promoting the charity's work to the general public and collecting donations.

Angela Palmer, KeepOut CEO, said after the event "this was a great event enjoyed by the Directors and



staff who attended the Show. Our presence helped to raise our profile and funds for the charity. Grateful thanks to our President, Penelope

Keith, for nominating us as the show's charity and to all the local magistrates who volunteered to help look after the stand."

## Angela and James achieve a decade for KeepOut



**Angela Palmer, CEO, and James Marlow, Fundraising Officer are celebrating ten years of working for KeepOut this month.** When Angela and James started working for the then 'Coldingley Crime Diversion Scheme' in 2003 the scheme was operating twice weekly within one prison location, and employed a single part-time member of staff. Since that time they have worked together, along with the Directors, staff and prisoners, to build and develop KeepOut into the thriving charity it is today.

Reflecting on the past ten years James said

“ It has been an amazing journey being part of the KeepOut team. When I look back at just how much has been achieved, and in such a relatively short space of time, I feel very proud to have played a small part in making it happen. It's a real privilege to work with Angela and such a dedicated collection of people, and our wonderful supporters make my job a real pleasure. ”



# KeepOut needs your support

**Like so many charitable organisations, our work is made possible by the support of countless trusts, foundations and individuals.** Their generous donations are the lifeblood of our work. KeepOut is a registered charity with an independent Board of Trustees and a part time fundraiser. In 2013/14 we are seeking to raise £350,000 across our four locations. This ensures that our vital services are available to those young people and prisoners whose lives are changed by KeepOut.

Here's how your grant could make a difference. On average, it costs just £100 to provide a KeepOut intervention workshop for a young person. That means a grant of



£1,000 will allow 10 young people to attend KeepOut, while £10,000 will make 100 new places available.

If you feel able to make a financial contribution to KeepOut we can assure you that your donation will be put to excellent use. It will allow us to

continue our life changing work with young people, and with the serving prisoners within four prisons who dedicate their lives to help them KeepOut.

To discuss making a donation to KeepOut please email James Marlow at [fundraising@crimediversionscheme.org.uk](mailto:fundraising@crimediversionscheme.org.uk) or phone 07890 611838. Cheques can be made payable to 'KeepOut' and sent to KeepOut – The Crime Diversion Scheme, PO Box 762, Horsham, RH12 9AS.

**Should you wish to make a contribution towards our work please use the form below, and consider making your donation subject to Gift Aid.**



## Further information

- If you would like any more information about KeepOut
- If you are a funder and would like to visit the scheme
- If you would like to discuss making a donation, or other ways to support KeepOut

Please contact James Marlow on 07890 611 838 or email at [fundraising@crimediversionscheme.org.uk](mailto:fundraising@crimediversionscheme.org.uk)

## KEEPOUT

The Crime Diversion Scheme

South East Fundraising Office  
PO Box 762, Horsham  
West Sussex RH12 9 AS  
[www.crimediversionscheme.org.uk](http://www.crimediversionscheme.org.uk)

## Funding/Donation Form

Please find enclosed my gift of  towards the work of  
KeepOut – The Crime Diversion Scheme

## KEEPOUT

The Crime Diversion Scheme

### Donor's details

Title  First name or initial(s)

Surname

Full home address

Postcode

*giftaid it*

Using Gift Aid means that for every £1 you give, 'KeepOut – The Crime Diversion Scheme' will receive an extra 25p from the Inland Revenue and it doesn't cost you a thing. If you want your donation to go further just complete the declaration below.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to 5 April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

Signature

Date

Please notify KeepOut – The Crime Diversion Scheme if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.